

Free Diabetic Education Sessions 2014



You're invited to learn about Diabetes Management!

Janet Batten BSN, RN, CDE will cover:

What Is Diabetes?

Medical Tests

Meal Planning & Exercise!

Types of Medication that Help Manage Blood Sugar



A1C and How it Affects Blood Sugar
Sugar Levels

The Importance of Checking Blood

Choose a date:

January 13 @ 9:30 am

February 10 @ 5:30 pm

March 10 @ 9:30 am

April 14 @ 5:30 pm

May 12 @ 9:30 am

June 9 @ 5:30 pm

July 14 @ 9:30 am

August 11 @ 5:30 pm

September 8 @ 9:30 am

October 13 @ 5:30 pm

November 10 @ 9:30 am

December 8 @ 5:30 pm



All sessions held in the EEC Conference Room, Fort Norfolk, 9th floor.

Register by calling Lori at 252-9300 with the patient's name, phone # and physician.